



BRIDGING TO BETTER MOVEMENT





PROGRAM

Day 1

8 November 2025

9:30 a.m - 9:45 a.m

Introduction

Dr.Haitham Al Omari

9:45 a.m - 10:15 a.m

The Evolving Face of OA

Usama Saleh

10:15 a.m - 10:45 a.m

The role of IAHA in Modern OA Paradigm

Ayman El Tabbaa

10:45 a.m - 11:15 a.m

Personalized Treatment Pathways Based on Patient Phenotypes

Adham AboulFotouh

11:15 a.m - 12:15 a.m

Panel Discussion

Is There a "Best" Time to Inject HA?

All Panelist

12:15 a.m - 12:45 a.m

Break

12:45 pm - 1:15 pm

Combining IAHA with PRP, CS and Rehabilitation: Evidence and Reality

Ayman Awlia

1:15 pm - 1:45 pm

Hyaluronic Acid in Hip OA: What's the Evidence

Mamdouh el Shal

1:45 p.m - 2:15 p.m

When HA Alone Isn't Enough: Surgical Management of Complex OA Cases

Usama El Saleh

2:15 p.m - 3:15 p.m

Lunch Break

3:15 pm - 3:45 pm

From Athlete to Elder: Tailoring IAHA based on Activity Level

Rayan Hassoun

3:45 pm - 4:00 pm

Closing Remarks



PROGRAM

Day 2

9 November 2025

9:30 a.m - 10:00 a.m

Pain management in Osteoarthritis

Mamdouh el Shal

10:00 am - 10:30 am

Trapeziometacarpal OA: is there a role for HA?

Adham AboulFotouh

10:30 am - 11:00 am

Insights on the management of Ankle Chondropathy and OA

Ayman El Tabbaa

11:00 a.m - 11:30 a.m

Break

11:30 am - 12:00 a.m

Prevention and post-trauma management in athletes

Ayman Awlia

12:00 pm - 12:30 pm

Adapting OA

guidelines into a regional context

METAVISCO Project

Usama Saleh