

# inside Joint

BRIDGING TO BETTER MOVEMENT





# PROGRAM

## Day 1

8 November 2025

9:30 a.m - 9:45 a.m

Introduction  
*Dr. Haitham Al Omari*

9:45 a.m - 10:15 a.m

The Evolving Face of OA  
*Usama Saleh*

10:15 a.m - 10:45 a.m

The role of IAHA in Modern OA Paradigm  
*Ayman El Tabbaa*

10:45 a.m - 11:15 a.m

Personalized Treatment Pathways Based on Patient Phenotypes  
*Adham AboulFotouh*

11:15 a.m - 12:15 a.m

Panel Discussion  
Is There a "Best" Time to Inject HA?  
*All Panelist*

12:15 a.m - 12:45 a.m

Break

12:45 pm - 1:15 pm

Combining IAHA with PRP, CS and Rehabilitation: Evidence and Reality  
*Ayman Awlia*

1:15 pm - 1:45 pm

Hyaluronic Acid in Hip OA: What's the Evidence  
*Mamdouh el Shal*

1:45 p.m - 2:15 p.m

When HA Alone Isn't Enough: Surgical Management of Complex OA Cases  
*Usama El Saleh*

2:15 p.m - 3:15 p.m

Lunch Break

3:15 pm - 3:45 pm

From Athlete to Elder: Tailoring IAHA based on Activity Level  
*Rayan Hassoun*

3:45 pm - 4:00 pm

Closing Remarks



# PROGRAM

## Day 2

9 November 2025

9:30 a.m - 10:00 a.m

Pain management in Osteoarthritis

Mamdouh el Shal

10:00 am - 10:30 am

Trapeziometacarpal OA: is there a role for HA?

Adham AboulFotouh

10:30 am - 11:00 am

Insights on the management of Ankle Chondropathy and OA

Ayman El Tabbaa

11:00 a.m - 11:30 a.m

Break

11:30 am - 12:00 a.m

Prevention and post-trauma management in athletes

Ayman Awlia

12:00 pm - 12:30 pm

Adapting OA guidelines into a regional context

METAVISCO Project

Usama Saleh

